



Zensah® Recovery Products

Zensah® Recovery Products perfectly blend compression support with seamless technology in order to deliver the most effective and comfortable treatment products available. This is recognized by the fact that Zensah® Recovery Products are utilized by everyone from professional athletic trainers in the NBA and MLB to physical therapy centers across the country.

Who Can Benefit From Zensah Recovery Products

1. Injured athletes trying to get back on the field
2. Individuals recovering from surgery
3. Individuals with chronic pain in areas such as the leg, shoulder or knee

What is Some of the Technology?

Zensah products such as the Calf/Shin Leg Sleeves, Thigh Sleeve and One Sleeve Shoulder Recovery Shirt feature graduated compression which increases circulation and oxygen blood flow. Quite simply this will act to minimize swelling and thereby relieve pain in the intended area. Pin-point compression goes to work on the exact source of the pain offering a massage-like experience.



What is Some of the Science?

Compression helps stabilize muscle tissue keeping the swelling of muscle fibers at a micro and manageable level. This helps the muscles to rebuild themselves leading to a recovery.

Gravity can cause a build-up of fluid in the muscles and surrounding tissue, especially in an area that is inactive because of injury. This build-up of fluid increases swelling and increases recovery time. Zensah® Compression helps reduce inflammation that might increase recovery time while the fabric ensures a comfortable experience.

Why are Zensah® Recovery Products Unique?

An added benefit of Zensah Recovery Products is the physiological designs that we can create as a result of our seamless technology

For example, the Calf/Shin Sleeve provides Dual Action Support to both the calf and shin. The Chevron Ribbing on the sleeve is the exact same taping schematic that is used to help prevent shin splints. No other compression products can offer these functional designs.

Seamless Technology + Compression Support = Maximum Relief

For specific questions please contact customer@zensah.com